

## 2024 DISTANCE RUNNING

**SEASON:** Terms 2 & 3

**ELIGIBILITY:** Years 7 – 13

**TRAININGS:** Trainings are Monday and Thursday after school, 3.30pm to 5.00pm.  
Monday trainings are held at the Auckland Domain (Girls are transported by bus to the Domain & they are to be picked up from there at 5pm)  
Thursday trainings are held at and around school.

**COMMITMENT:**

We do require full commitment from girls who register for Distance Running. It is expected that unless your daughter is unwell or injured she will attend all the sessions.

**COST:** \$180 (covers both Terms 2 & 3)

This is required to be paid in full prior to the first training. Payment options below.

**EVENTS:** Baradene Cross Country – Thursday 2<sup>nd</sup> May  
AKSS Cross Country (Years 9-13) – Thursday 22<sup>nd</sup> May (no zones to be held)  
NZSS Cross Country (Years 9-13) – 15<sup>th</sup>-16<sup>th</sup> June in Christchurch  
Eastern Zones Cross Country (Years 7/8) – Tuesday 27<sup>th</sup> August  
Inter Zones Cross Country (if qualified for) – Tuesday 3<sup>rd</sup> September

**Please note:**

*Withdrawing from a team once named is not acceptable at Baradene. If this occurs your daughter will not be permitted to represent Baradene in any other code for the season, so please ensure all commitments are considered prior to committing to teams.*

Please ensure your daughter's online registration is completed by **Friday 9<sup>th</sup> February 2024**.

If you have any questions please do not hesitate to contact me – [cratcliffe@baradene.school.nz](mailto:cratcliffe@baradene.school.nz)

Yours sincerely,



Catherine Ratcliffe  
Director of Sport



Sandy Pasley  
Principal