



Baradene Hockey

Pre-season Skills Sessions (before trials)

In preparation for the 2025 Hockey season, we will be holding three/four preseason skills training sessions. These are targeted at ALL Hockey players; from those who have never played to 1st XI players returning and wanting to dust off the cobwebs from the off-season.

The sessions will focus on developing players' basics and fundamental skills, with the aim to develop and sharpen the skill level of all players before the 2025 season begins.

This will then allow coaches to focus on other technical and "team" plays rather than basics etc during the season.

<p>Age Eligibility: Years 10 Where: Baradene Turf Dates:</p> <ul style="list-style-type: none"> - Monday 17th February - Monday 24th February - Monday 3rd March <p>Time: 6.45am – 8.00am</p>	<p>Age Eligibility: Year 9 Where: Baradene Turf Dates:</p> <ul style="list-style-type: none"> - Monday 17th February - Monday 24th February - Monday 3rd March <p>Time: 4.30pm – 6.00pm</p>	<p>Age Eligibility: Years 8 Where: Baradene Turf Dates:</p> <ul style="list-style-type: none"> - Friday 21st February - Friday 28th February - Friday 7th March - Friday 14th March <p>Time: 6.45am – 8.00am</p>	<p>Age Eligibility: Years 7 Where: Baradene Turf Dates:</p> <ul style="list-style-type: none"> - Friday 21st February - Friday 28th February - Friday 7th March - Friday 14th March <p>Time: 3.30pm – 5.00pm</p>
<p>Age Eligibility: Years 11-13 Where: Baradene Turf These sessions will involve mini-games. Dates: Monday 17th, 24th February & 3rd March Time: 6.30pm -8.00pm</p>			

FREE OF CHARGE

This is an exciting opportunity to fine-tune those skills, and we hope your daughter will take this up. We ask that you indicate this on the hockey registration online permission slip by **Sunday 9th February 2025**.

Regards,
 Shona Burrows
 Sports Manager
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